



# 延伸閱讀

## 第 1 章

*Still the classic study of health inequality in the United States*

Kitagawa, E. M., and Hauser, P. M. S., *Differential Mortality in the United States: A Study in Socioeconomic Epidemiology*. Cambridge, Mass.: Harvard University Press, 1973.

*The original British reports that started the debate on health inequality*

Townsend, P., Davidson, N., and Whitehead, M., *The Black Report and the Health Divide*. Harmondsworth: Penguin, 1986.

*A more recent and very useful compilation of work from the United States*

Amick III, B. C., Levine, S., Tarlov, A. R., and Chapman Walsh, D., *Society and Health*. Oxford: Oxford University Press, 1995.

*The most recent official British government report on health inequality*

Drever, F., and Whitehead, M., *Health Inequality*. London: Office of National Statistics, HMSO, 1998.

*A collection of papers that combines British and American thinking on both health inequality and the relationship of health to income distribution*

Marmot, M., and Wilkinson, R., *Social Determinants of Health*. Oxford: Oxford University Press, 1999.

## 第 2 章

*An excellent account of the social theories lying behind different social class measures, combined with an empirical study of class differences (not in health)*

Marshall, G., Rose, D., Newby, H., and Vogler, C., *Social Class in Modern Britain*. London: Hutchinson, 1988.

*The best summary of British work on social inequality: indispensable*

Crompton, R., *Class and Stratification*. Second edition. Cambridge: Polity, 1998.

*The theory and measurement principles behind the Wright schema and many useful examples of its use*

Wright, E. O., *Class Counts*. Cambridge: Cambridge University Press, 1997.

*Describes the development of the new British government class schema, and includes very useful discussion of the surrounding issues*

Marshall, G., *Repositioning Class*. London: Sage, 1997.



## 第 3 章

*Basic statistics and data analysis:*

*Personally, I have found it far easier to learn about statistics through practical use in data analysis, which is the approach taken in these books*

Bryman, A., *Social Research Methods*. Oxford: Oxford University Press, 2001.

Bryman, A., and Cramer, D., *Quantitative Data Analysis with SPSS Release 10 for Windows*. London: Routledge, 2001.

Field, A., *Discovering Statistics Using SPSS for Windows*. London: Sage, 2000.

*More advanced but very clearly written:*

*For those who are interested in going into regression models in more depth, and in an introduction to some of the more advanced methods now coming into use*

Plewis, I., *Statistics in Education*. London: Arnold, 1997.

## 第 4 章

*The classic study of the relationship of lifestyles to health*

Blaxter, M., *Health and Lifestyles*. London: Tavistock, 1990.

*Contains useful chapters on this topic from a US perspective*

Amick III, B. C., Levine, S., Tarlov, A. R., and Chapman Walsh, D., *Society and Health*. Oxford: Oxford University Press, 1995.

*The best recent study in this area*

Stronks, K., *Socio-economic Inequalities in Health: Individual Choice or Social Circumstances?* Rotterdam: Erasmus University Rotterdam, 1997.

## 第 5 章

*Essential readings included in this collection*

Marmot, M., and Wilkinson, R. (eds), *Social Determinants of Health*. Oxford: Oxford University Press, 1999.

*Sets out the basis for the 'work strain' hypothesis by its originators*

Karasek, R. A., and Theorell, T., *Healthy Work: Stress, Productivity and the Reconstruction of Working Life*. New York: Basic Books, 1990.

*Recent useful readings from members of the Whitehall II study group*

Stansfeld, S., and Marmot, M., *Stress and the Heart*. London: BMJ Books, 2002.

*More useful American readings on this topic*

Amick III, B. C., Levine, S., Tarlov, A. R., and Chapman Walsh, D., *Society and Health*. Oxford: Oxford University Press, 1995.



## 第 6 章

*Few books contain very much in this area. These are recent studies using geographical data to show the relationship of poverty and deprivation to health*

Mitchell, R., Dorling, D., and Shaw, M., *Inequalities in Life and Death: What if Britain Were More Equal?* London: Joseph Rowntree Foundation, 2000.

Shaw, M., Dorling, D., Gordon, D., and Davey Smith, G., *The Widening Gap*. Bristol: Policy Press, 1999.

*Another excellent study of poverty and health*

Graham, H., *Hardship and Health in Women's Lives*, London: Harvester Wheatsheaf, 1993.

## 第 7 章

*This has become the standard reference text on life-course epidemiology*

Kuh, D., and Ben-Shlomo, Y., *A Life-Course Approach to Chronic Disease Epidemiology*. Oxford: Oxford University Press, 1997.

*This is a report of the work done by the Erasmus group on the life course, which was led by van de Mheen*

van de Mheen, D., *Inequalities in Health: To Be Continued?* Rotterdam: Erasmus University, 1998.

*An excellent account of the longest running of the British birth cohort studies*

Wadsworth, M., *The Imprint of Time*. Oxford: Oxford University Press, 1991.

*An important book including North American work*

Keating, D. P., and Hertzman, C., *Developmental Health and the Wealth of Nations*. New York: The Guilford Press, 1999.

## 第 8 章

*I do not intend here to present readings that are biased 'in favour' of Wilkinson's hypothesis. Opponents have written many papers that are cited in the text, but no books.*

*A very approachable and persuasive account*

Wilkinson, R., *Unhealthy Societies: The Afflictions of Inequality*. London: Routledge, 1996.

*The most recent collection*

Kawachi, I., Kennedy, B., and Wilkinson, R. G. (eds), *Income Inequality and Health: The Society and Population Health Reader*, vol. 1. New York: New Press, 1999.



## 第 9 章

*A good general introduction to the topic*

Annandale, E., and Hunt, K., *Gender Inequalities in Health*. Buckingham: Open University Press, 2000.

*This has a lot to say about women's health generally, not just that of women in poverty*

Graham, H., *Hardship and Health in Women's Lives*. London: Harvester Wheatsheaf, 1993.

## 第 10 章

*A very useful book covering a wide range of relevant issues*

Smaje, C., *Health, 'Race' and Ethnicity*. London: Kings Fund Institute, 1995.

*Report of a specific study as well as presenting an account of the author's particular approach to ethnic difference in health*

Nazroo, J., *The Health of Britain's Ethnic Minorities*. London: PSI, 1997.

*A useful collection addressing many of the difficult questions*

Ahmed, W. I. U. (ed.), *Race and Health in Contemporary Britain*. Buckingham: Open University, 1993.

*Contains useful papers from the USA*

Amick III, B. C., Levine, S., Tarlov, A. R., Chapman Walsh, D., *Society and Health*. Oxford: Oxford University Press, 1995.

## 第 11 章

*The most important British policy document in this area since the Black Report*

Acheson, D., *Independent Inquiry into Inequalities in Health: Report*. London: HMSO, 1998.

*The first serious attempt to apply the results of a programme of research to change policy*

Programme Committee on Socio-Economic Inequalities in Health (SEGV-II), *Reducing Socio-Economic Inequalities in Health*. The Hague: Ministry of Health, Welfare and Sports, 2001.

*Just as useful for the policy debate as the scientific one, a more international perspective*

Keating, D. P., and Hertzman, C., *Developmental Health and the Wealth of Nations*. New York: The Guilford Press, 1999.



## 英文縮寫對照表

<i>Acta Paediatr</i>	<i>Acta Paediatrica</i>
<i>Acta Physiol Scand</i>	<i>Acta Physiologica Scandinavica</i>
<i>Am Heart J</i>	<i>The American Heart Journal</i>
<i>Am J Public Health</i>	<i>American Journal of Public Health</i>
<i>Am Sociol Review</i>	<i>American Sociological Review</i>
<i>Ann Epidemiol</i>	<i>Annals of Epidemiology</i>
<i>Annu Rev Sociol</i>	<i>Annual Review of Sociology</i>
<i>Arterioscler Thromb Vasc Biol</i>	<i>Arteriosclerosis, Thrombosis and Vascular Biology</i>
<i>Blood Press Suppl</i>	<i>Blood Pressure Supplement</i>
<i>BMJ</i>	<i>British Medical Journal</i>
<i>Br J Gen Pract</i>	<i>The British Journal of General Practice</i>
<i>Br J Ind Med</i>	<i>British Journal of Industrial Medicine</i>
<i>Br J Sociol</i>	<i>The British Journal of Sociology</i>
<i>Br Med Bull</i>	<i>British Medical Bulletin</i>
<i>Community Med</i>	<i>Community Medicine</i>
<i>Eur Heart J</i>	<i>European Heart Journal</i>
<i>Health Psychol</i>	<i>Health Psychology Update</i>
<i>Int J Epidemiol</i>	<i>International Journal of Epidemiology</i>
<i>Int J Health Serv</i>	<i>International Journal of Health Services</i>
<i>Int J Psychophysiol</i>	<i>International Journal of Psychophysiology</i>
<i>Isr J Med Sci</i>	<i>Israel Journal of Medical Sciences</i>
<i>J Aging Health</i>	<i>Journal of Aging Health</i>
<i>J Cardiovasc Risk</i>	<i>Journal of Cardiovascular Risk</i>
<i>J Epidemiol Community Health</i>	<i>Journal of Epidemiology and Community Health</i>
<i>J Gerontol</i>	<i>Journal of Gerontology</i>
<i>J Health Soc Behav</i>	<i>Journal of Health and Social Behavior</i>
<i>J Hypertens</i>	<i>Journal of Hypertension</i>
<i>J Natl Cancer Inst</i>	<i>Journal of the National Cancer Institute</i>
<i>J Occup Med</i>	<i>Journal of Occupational Medicine</i>
<i>J Psychosom Res</i>	<i>Journal of Psychosomatic Research</i>
<i>J Public Health Med</i>	<i>Journal of Public Health Medicine</i>
<i>JAMA</i>	<i>Journal of the American Medical Association</i>
<i>Med Anthropol Q</i>	<i>Medical Anthropology Quarterly</i>
<i>Milbank Mem Fund Q</i>	<i>The Milbank Memorial Fund Quarterly</i>
<i>Milbank Q</i>	<i>The Milbank Quarterly</i>
<i>N Eng J Med</i>	<i>The New England Journal of Medicine</i>
<i>Occup Environ Med</i>	<i>Occupational and Environmental Medicine</i>



*Patient Educ Couns*  
*Prev Med*  
*Psychol Med*  
*Psychosom Med*  
*Scand J Soc Med*  
*Scand J Work Environ Health*  
  
*Scott Med J*  
*Soc Biol*  
*Soc Forces*  
*Soc Sci Med*  
*Sociol Health Illn*

*Patient Education and Counseling*  
*Preventive Medicine*  
*Psychological Medicine*  
*Psychosomatic Medicine*  
*Scandinavian Journal of Social Medicine*  
*Scandinavian Journal of Work, Environment and Health*  
  
*Scottish Medical Journal*  
*Social Biology*  
*Social Forces*  
*Social Science and Medicine*  
*Sociology of Health and Illness*

## 參考書目

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- Acheson, D. (1998), *Independent Inquiry into Inequalities in Health: Report*. London: HMSO.
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